

Stop those carbohydrate cravings now.*

Ever dwell on foods you simply can't eat while you're dieting? Does it seem like all the forbidden foods are their most tantalizing when you are trying to lose or maintain weight?

Now you can help reduce those carbohydrate cravings with the help of CarboGuard®.* It's a powerful fiber and herbal supplement featuring ingredients that work together to help lessen those yearnings for carbohydrate-rich foods.* With CarboGuard®, you gain that extra measure of confidence you need to resist the temptations of carbohydrates.*

One of the reasons CarboGuard® is so effective is that it includes the micronutrients chromium and vanadium. Chromium is an essential trace mineral that promotes the natural regulation of sugar in your body. If there is a deficiency, your body is forced to work harder at regulating blood-sugar balance—and this is what causes sugar cravings. CarboGuard® helps counter this by providing your system with more chromium.*

A similar dynamic is at work with vanadium. Studies suggest that this trace mineral has a positive effect on the normalization of blood-sugar levels.* (In fact, it is recommended that diabetics consume small amounts of both vanadium and chromium.)

So, avoid temptation and stay on target with your weight-loss goals with CarboGuard®.*

Discussion Points

- Chromium and vanadium aid in the fight against cravings: These micronutrients have been demonstrated to help regulate blood-sugar levels. When your blood-sugar level is thrown off balance, sugar cravings result—which make you more susceptible to the temptation to snack.*
- Bolster your dieting confidence: Dieting involves a certain measure of will power—and not everyone is sure he or she can maintain the necessary discipline for weight loss. CarboGuard®, with its ability to help balance blood-sugar levels, helps dieters maintain that crucial focus in order to stay on track with their weight-loss goals.*
- Combine with other products: CarboGuard® can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

Did you know?

An imbalance in blood-sugar levels can induce hunger pangs. It has been demonstrated that even if a person has a full stomach, low blood-sugar levels will leave him or her craving sugar and carbohydrate-rich foods. Let CarboGuard® be your primary defense against blood-sugar imbalance.

Fast Facts

- A micronutrient fiber and herbal supplement that can help reduce your cravings for carbohydrates.*
- Contains the micronutrients chromium and vanadium.
- Contains beet fiber and rice bran.
- Fiber is known to slow carbohydrate absorption.*



SUPPLEMENT FACTS

Serving Size: 1 tablet.

Servings per container: 90 tablets

	Amount Per Serving	% Daily Value*
Total Carbohydrate	<1 g	<1%
Dietary Fiber	0.5 g	2%
Calcium (as calcium carbonate and tribasic calcium phosphate)	152 mg	15%
Chromium (as chromium polynicotinate)	10 mcg	8%
Beet Fiber (root)	231 mg	†
Rice (grain)	150 mg	†
Milk Thistle (fruit)	75 mg	†
Suma Powder (root)	50 mg	†
Gymnema sylvestre (leaves)	50 mg	†
Kudzu Powder (root)	25 mg	†
Vanadium (as vanadyl sulfate)	5 mcg	†

* Percent Daily Values are based on a 2,000-calorie diet.

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Betaine Hydrochloride, Maltodextrin, Hydroxypropyl Cellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Sodium Carboxymethylcellulose, Dextrin, Dextrose Monohydrate, Soy Lecithin and Sodium Citrate.

Suggested Serving: Take one tablet three times a day with meals as a dietary supplement. Recommended for use in connection with other Thermojetics® dietary products.

Ordering Details

#0148

\$13.95

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.