

# Formula 2 Multivitamin-Mineral & Herbal Tablets

## For weight management and improved health.

Whether you're looking to lose weight or simply want to live at the peak of good health, your body needs good nutrition to function at its best. In today's fast-paced world, many factors can upset your body's nutritional balance, such as exposure to environmental pollutants, stress and poor diet. If even one essential nutrient is missing in your diet, your health and vitality can suffer. As a result, you may look and feel tired, get sick easily or have difficulty losing excess weight.

Simply put, vitamins are organic nutrients that the body needs to regulate metabolism, assist in converting fat and carbohydrates into energy, and the development of bone and tissue. Every body needs vitamins to function and since the body can't make most vitamins, we must rely on getting vitamins from food and supplements.

Herbalife knows how hard it is to get proper nutrition and that's why we have created Thermojetics® Formula 2 Multivitamin-Mineral Tablets. These tablets, which should be taken three times daily with each meal, are formulated with essential vitamins and nutrients.

Formula 2 Multivitamin-Mineral & Herbal Tablets contain a blend of important vitamins and minerals with health-supporting herbs.\* These elements work synergistically to create a foundation for long-term good health.\* Taken daily, Formula 2 Multivitamin-Mineral & Herbal Tablets can help you achieve your health and weight-loss goals.\*

One Formula 2 is chock full of vitamins and nutrients such as vitamin C, vitamin D, vitamin B12, vitamin E, vitamin B6, calcium, iron and many other complex vitamins and nutrients. The body needs these vitamins just as it needs proteins, fats, carbohydrates and water. Be sure you get the nutrition your body needs with Thermojetics® Formula 2 Multivitamin-Mineral Tablets.

## Discussion Points

- All systems go: Every system in your body depends on vitamins and minerals for health. Formula 2 Multivitamin-Mineral & Herbal Tablets supply the nutrients you need to maintain healthy skin, bones, teeth and hair and to keep your immune system strong.\*
- Evidence from published studies now document the beneficial role of vitamin supplementation in promoting good health. Calcium, magnesium and vitamin D have been shown to slow bone loss; folic acid taken in supplement form significantly promotes colon health; and supplementation with selenium promotes breast, prostate and colon health.

## Did You Know?

According to the U.S. Centers for Disease Control and Prevention, if all women of childbearing age consumed sufficient amounts of folic acid, 50 to 70 percent of birth defects of the brain and spinal cord could be prevented. Formula 2 Multivitamin-Mineral & Herbal Tablets are loaded with folic acid, as well as many other important vitamins, minerals and herbs to support good health.\* A higher percentage of vitamins and minerals are available to the body when taken in three separate doses than would be absorbed if the entire daily allowance was taken in a single tablet.

## Fast Facts

- Includes a range of vitamins and minerals, plus an exclusive blend of premium-quality, natural herbs that work synergistically to create a foundation for long-term good health.\*
- Contains antioxidant factors beta carotene, vitamins C and E, and selenium, to protect the body from free-radical damage.\*
- Include chromium, a mineral necessary for energy metabolism.\*
- For complete Cellular Nutrition®, combine with Thermojetics® Formula 1 Protein Drink Mix and Thermojetics® Formula 3 Cell Activator®.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 90 tablets

	Amount Per Serving	% Daily Value*
Vitamin A (50% as retinyl acetate and 50% as beta carotene)	1667 IU	33%
Vitamin C (as ascorbic acid)	50 mg	83%
Vitamin D (as cholecalciferol)	133 IU	33%
Vitamin E (as dl-alpha tocopheryl acetate)	10 IU	33%
Thiamin (as thiamine hydrochloride)	6.7 mg	445%
Riboflavin	8.3 mg	488%
Niacin (as niacinamide)	33.3 mg	166%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Folate (as folic acid)	133 mcg	33%
Vitamin B12 (as cyanocobalamin)	2 mcg	33%
Biotin	100 mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	6.7 mg	67%
Calcium (as calcium carbonate)	167 mg	17%
Iron (as ferrous fumarate)	2 mg	11%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide)	67 mg	17%
Zinc (as zinc gluconate)	5 mg	33%
Selenium (as selenomethionine)	17 mcg	24%
Copper (as copper gluconate)	0.5 mg	25%
Manganese (as manganese gluconate)	1.7 mg	85%
Chromium (as chromium GTF, nicotinate and picolinate)	33 mcg	28%
Potassium (as potassium gluconate and glycerophosphate)	30 mg	<1%
Vanadium (as vanadium amino acid chelate)	2 mcg	†
Herbal Blend	16 mg	†
Choline Bitartrate, Inositol, Bee Pollen, Broccoli, Cabbage, Carrot, Cauliflower, Citrus Bioflavonoids, Fungal Enzymes, Garlic, Licorice (root), Limonene, Polyoids™ and Spinach.		

\*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Magnesium Stearate, Cellulose, Microcrystalline Cellulose, Betaine, Hydrochloride, Para Amino Benzoic Acid, Carnauba Wax, Shellac and Ethyl Cellulose.

**Suggested Serving:** Take one tablet three times a day with meals.

For Maximum Results: Use this product in conjunction with other Herbalife products and follow the suggested Herbalife Thermojetics® Weight Management Program Guide.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

## Ordering Details

#0121

\$19.95