

Thermojetics® High-Protein, Low-Carb Bar



Protein-rich snack bar.

In today's fast-paced environment, it's not easy to get the right balance of nutrients to keep you in peak performance. When snack time comes around, many people opt for the candy machine or eat nutritionally depleted fast food. Dieters also face challenges when it comes to "between-meal" treats. Some try to ignore their growling stomachs, while others "cheat" a little and satisfy their cravings with high-fat or calorie-rich snacks.

Protein is an essential nutrient and we need to be sure we have plenty of it in our diet each day. Protein assists in synthesizing enzymes and hormones and building antibodies against infection. It also serves as a building block for our muscles, bones, cartilage, skin, hair and blood.

While foods like meat, cheese, milk, soy products, fish and eggs provide adequate amounts of protein, you also can get the protein your body needs with Thermojetics® High-Protein, Low-Carb Bar. Whether you reach for Chocolate Fudge, Chocolate Coconut, Lemon or Peanut Butter, you'll get 12 grams of protein—almost 25 percent of the recommended daily intake—with this healthy protein bar.

Whether you're looking to lose weight or build muscle, reach for a Thermojetics® High-Protein, Low-Carb Bar. You'll get the protein your body needs and a great snack all in one!

Now there is a nutritionally sound solution that will satisfy your hunger, boost your energy and indulge your tastebuds. Introducing the Thermojetics® High-Protein, Low-Carb Bar. This delicious, high-protein snack bar is loaded with important vitamins, minerals and other essential nutrients that the body needs for good health. Enjoy a nutritious Thermojetics® High-Protein, Low-Carb Bar between meals and you won't feel like you're missing a thing. In fact, this protein bar tastes so good you might even feel guilty after eating it!

Discussion Points

- Smart bar: Why eat junk food with little to no nutritional value when you can enjoy a Thermojetics® High-Protein, Low-Carb Bar that doesn't just taste good, it's good for you. Check out the label, it tells the whole nutritional story. From vitamin A to vitamin B12, calcium to iron, this is one "smart" bar for dieters and snackers.
- Avoid "diet" pitfalls: To lose weight more quickly, some dieters cut back on protein, which can actually slow down the weight-loss process. Keep your protein intake within the recommended range with the Thermojetics® High-Protein, Low-Carb Bar.
- Combine with other products: Thermojetics® High-Protein, Low-Carb Bar can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

Did You Know?

Protein is the most abundant class of all biological molecules in your body, comprising about 50% of your cellular dry weight. Each Thermojetics® High-Protein, Low-Carb Bar has 12 grams of protein, almost 25 percent of your daily value.

Fast Facts

- Scientifically formulated to provide maximum nutritional support between meals.
- Power-packed with a blend of vitamins, minerals and other essential nutrients the body needs to maintain good health.
- High in protein.
- Delicious tasting and satisfying so you don't feel hungry or deprived.
- Available in four flavors: Chocolate Fudge, Chocolate Coconut, Peanut Butter and Lemon.
- 14 bars per box.

Chocolate Fudge

NUTRITION FACTS

Serving Size: 1 bar (40g)

Servings per carton: 14 bars

	Amount Per Serving		
Calories			150
Calories from Fat			50
			% Daily Value*
Total Fat	6 g		9%
Saturated Fat	4 g		20%
Cholesterol	1 mg		0%
Sodium	100 mg		4%
Potassium	130 mg		4%
Total Carbohydrate	2 g**		0%
Dietary Fiber	3 g		12%
Sugars	2 g		
Protein	12 g		24%
Vitamin A 20%	•		Vitamin C 20%
Calcium 15%	•		Iron 20%
Vitamin D 20%	•		Vitamin E 20%
Vitamin K 20%	•		Thiamin 20%
Riboflavin 20%	•		Niacin 20%
Vitamin B6 20%	•		Folate 20%
Vitamin B12 20%	•		Biotin 20%
Pantothenic Acid 20%	•		Phosphorus 15%
Iodine 20%	•		Magnesium 15%
Zinc 20%	•		Selenium 20%
Copper 20%	•		Manganese 20%
Chromium 20%	•		Molybdenum 20%

Total Fat	Calories	2,000	2,500
Sat. Fat	Less Than	65 g	80 g
Cholesterol	Less Than	20 g	25 g
Sodium	Less Than	300 mg	300 mg
Potassium	Less Than	2,400 mg	2,400 mg
Total Carbohydrate		3,500 mg	3,500 mg
Dietary Fiber		300 g	375 g
Protein		25 g	30 g
Calories per gram:	Fat 9	Carbohydrate 4	Protein 4

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Casein, Glycerine, Hydrogenated Starch Hydrolysate, Oligofructose, Palm And Palm Kernel Oils, Soy Protein Isolate, Whey Protein Isolate, Milk Protein Concentrate, Maltitol, Cocoa Powder (Alkalized), Polydextrose, Natural Flavors, Lecithin, Water. Contains 2% Or Less Of: Ground Almonds, Milk Mineral Concentrate, Canola Oil, Unsweetened Chocolate, Cocoa Butter, Soybean Oil, Dextrose, Magnesium Oxide, Monoglycerides, Licorice Root Extract (17.5%), Ascorbic Acid, Salt, Copper Gluconate, Ferric Orthophosphate, Di-Alpha-Tocopheryl Acetate, Maltodextrin, Biotin, Mixed Tocopherols, Nicotinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytanediol, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Thiamin Mononitrate, Citric Acid, Cholecalciferol, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.

Suggested Serving: One or two bars per day.

Ordering Details

Chocolate Fudge #0247

\$16.95

Lemon

NUTRITION FACTS

Serving Size: 1 bar (40g)

Servings per carton: 14 bars

		Amount per Serving	
Calories 150			
Calories from Fat 60			
			% Daily Value*
Total Fat	7 g		11%
Saturated Fat	3.5 g		18%
Cholesterol	0 mg		0%
Sodium	110 mg		5%
Potassium	90 mg		3%
Total Carbohydrate	5 g**		2%
Dietary Fiber	1 g		4%
Sugars	6 g		
Protein	12 g		24%
Vitamin A 20%	•	Vitamin C 20%	
Calcium 20%	•	Iron 20%	
Vitamin D 20%	•	Vitamin E 20%	
Vitamin K 20%	•	Thiamin 20%	
Riboflavin 20%	•	Niacin 20%	
Vitamin B6 20%	•	Folate 20%	
Vitamin B12 20%	•	Biotin 20%	
Pantothenic Acid 20%	•	Phosphorus 15%	
Iodine 20%	•	Magnesium 15%	
Zinc 20%	•	Selenium 20%	
Copper 20%	•	Manganese 20%	
Chromium 20%	•	Molybdenum 20%	

Ingredients: Soy Protein Isolate, Calcium Caseinate, Glycerine, Whey Protein Isolate, Palm And Palm Kernel Oils, Sugar, Polydextrose, Oligofructose, Hydrogenated Starch Hydrolysate, Water, Ground Almonds, Honey, Lecithin, Contains 2% Or Less Of: Milk Mineral Concentrate, Canola Oil, Skim Milk Powder, Natural Flavors, Soybean Oil, Yogurt Solids, Maleic Acid, Magnesium Oxide, Citric Acid, Mixed Tocopherols, Potassium Sorbate, Ascorbic Acid, Copper Gluconate, Salt, Ferric Orthophosphate, Di-Alpha-Tocopheryl Acetate, Turmeric Oleoresin Color, Maltodextrin, Biotin, Sucralose (Non-Nutritive Sweetener), Niacinamide, Zinc Oxide, Monoglycerides, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytanadione, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Thiamin Mononitrate, Cholecalciferol, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.

Ordering Details

Lemon #0289

\$16.95

Chocolate Coconut

NUTRITION FACTS

Serving Size: 1 bar (40g)

Servings per carton: 14 bars

		Amount per Serving	
Calories 150			
Calories from Fat 60			
			% Daily Value*
Total Fat	7 g		11%
Saturated Fat	5 g		25%
Cholesterol	0 mg		0%
Sodium	100 mg		4%
Potassium	90 mg		3%
Total Carbohydrate	1.33 g**		0%
Dietary Fiber	2 g		8%
Sugars	1 g		
Protein	12 g		24%
Vitamin A 20%	•	Vitamin C 20%	
Calcium 20%	•	Iron 20%	
Vitamin D 20%	•	Vitamin E 20%	
Vitamin K 20%	•	Thiamin 20%	
Riboflavin 20%	•	Niacin 20%	
Vitamin B6 20%	•	Folate 20%	
Vitamin B12 25%	•	Biotin 20%	
Pantothenic Acid 20%	•	Phosphorus 15%	
Iodine 20%	•	Magnesium 15%	
Zinc 20%	•	Selenium 20%	
Copper 20%	•	Manganese 20%	
Chromium 20%	•	Molybdenum 20%	

Ingredients: Glycerine, Coconut Pieces, Whey Protein Isolate, Calcium Caseinate, Hydrogenated Starch Hydrolysate, Soy Protein Isolate, Water, Palm And Palm Kernel Oils, Polydextrose, Milk Protein Concentrate, Maltitol, Oligofructose, Lecithin, Contains 2% Or Less Of: Milk Mineral Concentrate, Natural Flavors, Cocoa Powder, Canola Oil, Mono And Diglycerides, Dextrose, Soybean Oil, Magnesium Oxide, Mixed Tocopherols, Potassium Sorbate, Ascorbic Acid, Copper Gluconate, Ferric Orthophosphate, Di-Alpha-Tocopheryl Acetate, Maltodextrin, Sucralose (Non-Nutritive Sweetener), Biotin, Salt, Niacinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytanadione, Pyridoxine Hydrochloride, Monoglycerides, Manganese Sulfate, Riboflavin, Thiamin Mononitrate, Cholecalciferol, Potassium Iodide, Citric Acid, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.

Ordering Details

Chocolate Coconut #0290

\$16.95

Peanut Butter

NUTRITION FACTS

Serving Size: 1 bar (40g)

Servings per carton: 14 bars

		Amount per Serving	
Calories 150			
Calories from Fat 50			
			% Daily Value*
Total Fat	6 g		9%
Saturated Fat	2.5 g		12%
Cholesterol	0 mg		0%
Sodium	180 mg		8%
Potassium	110 mg		3%
Total Carbohydrate	2 g**		0%
Dietary Fiber	2 g		8%
Sugars	2 g		
Protein	12 g		24%
Vitamin A 20%	•	Vitamin C 20%	
Calcium 20%	•	Iron 25%	
Vitamin D 20%	•	Vitamin E 20%	
Vitamin K 20%	•	Thiamin 20%	
Riboflavin 20%	•	Niacin 20%	
Vitamin B6 20%	•	Folate 20%	
Vitamin B12 20%	•	Biotin 20%	
Pantothenic Acid 20%	•	Phosphorus 15%	
Iodine 20%	•	Magnesium 15%	
Zinc 20%	•	Selenium 20%	
Copper 25%	•	Manganese 30%	
Chromium 20%	•	Molybdenum 20%	

Ingredients: Maltitol, Peanut Flour, Soy Protein Isolate, Peanut Butter (Ground Peanuts), Water, Sugar Alcohols From Starch, Whey Protein Isolate, Palm & Palm Kernel Oils, Milk Protein Concentrate, Casein, Oligofructose, Glycerine, Natural Flavors, Contains 2% Or Less Of: Polydextrose, Milk Mineral Concentrate, Cocoa Powder (Alkalized), Lecithin, Canola Oil, Salt, Dextrose, Monoglycerides, Mixed Tocopherols, Soy Bean Oil, Magnesium Oxide, Citric Acid, Ascorbic Acid, Copper Gluconate, Ferric Orthophosphate, Di-Alpha-Tocopheryl Acetate, Maltodextrin, Biotin, Sucralose (Non-Nutritive Sweetener), Niacinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytanadione, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Thiamin Mononitrate, Cholecalciferol, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite. May contain traces of various nuts and seeds.

Ordering Details

Peanut Butter #0058

\$16.95