

MentaBalance®

An effective diet accelerator and mood enhancer.*

To achieve your weight-loss goals, you need to be in the proper frame of mind. You need an overall sense of balance in your life. Attitude is crucial. To lose weight, it helps to feel great.

That's why Herbalife created MentaBalance®. It's a powerful amino acid and herbal supplement designed to help you feel balanced and satisfied.* With MentaBalance®, your body is receiving the amino-acid support needed for good health—and that all-important sense of balance.*

Why are amino acids so important? Quite simply, they form the building blocks of life: DNA and RNA. They build cells and repair tissue. They form antibodies and are a core component of the enzyme and hormonal systems. Further, amino acids that cannot be formed by the body on its own are known as essential.

MentaBalance® offers a key essential amino acid: phenylalanine. This important nutrient is used by the brain to produce norepinephrine, a chemical that transmits signals between nerve cells and the brain. This amino acid also helps to keep you alert and even reduces hunger pangs along with assisting mood stability.*

To help you stay in the proper mental balance for weight control, look no further than MentaBalance®.*

Discussion Points

- Fast and easy: It's easier than ever to achieve your fitness goals and improve your health with Herbalife's Weight-Loss Accelerators. MentaBalance® is one of the key formulas in this proven-effective line of products.
- Stay on track: MentaBalance® can help you break out of dieting deadlocks. This great product is designed to help you stay in the right frame of mind, while providing the highest-quality nutrition available.*
- Avoid cheating and snacking: With its ability to help you feel satisfied and full, MentaBalance® can help you say "no" to dietary temptations such as calorie-rich snacks.*
- Combine with other products: MentaBalance® can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

Did You Know?

Griffonia acts by providing your body with L-5-Hydroxytryptophan, an amino acid that is converted into serotonin in a natural process and helps to regulate mood and sleep. MentaBalance® is rich in this important nutrient.

Fast Facts

- Helps you feel balanced and satisfied.*
- An amino acid and herbal supplement.
- Helps improve protein utilization by the body when taken with a Thermojetics® Formula 1 Protein Drink shake.*



SUPPLEMENT FACTS

Serving Size: 1 tablet.

Servings per container: 60 tablets

	Amount Per Serving	% Daily Value*
Calcium	171 mg	17%
(as calcium carbonate)		
L-Tyrosine	50 mg	†
DL-Phenylalanine	50 mg	†
Dried Griffonia/Walnut Extract	50 mg	†
(a natural source of L-5-Hydroxytryptophan)		
L-Cysteine	25 mg	†
Pumpkin (seed)	25 mg	†
Sunflower (seed)	25 mg	†
Gotu Kola (leaf and stem)	25 mg	†
N-Acetyl Cysteine	15 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Maltodextrin, Hydroxypropyl Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Sodium Carboxymethylcellulose, Dextrin, Dextrose Monohydrate, Soy Lecithin, Sodium Citrate, Magnesium Stearate and Carnauba Wax.

Phenylketonurics: Contains Phenylalanine.

Suggested Serving: One tablet, not to exceed six tablets per day.

It is recommended that people taking anti-depressant medication consult their physician before taking this product.

For Maximum Results: Use this product between meals with 4 fl. oz. of fruit juice. Use MentaBalance in conjunction with other Thermojetics® Weight-Management Products.

Ordering Details

#0147

\$15.95

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.