# Formula 1 **Protein Drink Mix**

### Cornerstone of Cellular Nutrition® and Weight Management

Over the last two decades, the number of Americans who are overweight or obese has skyrocketed. Currently, more than half of all U.S. adults are considered overweight and the number of children defined as overweight or obese has more than doubled since the 1970s.

Overweight and obese individuals are at increased risk for health problems such as high blood pressure, diabetes and coronary heart disease to name a few. As a result, the former U.S. Surgeon General called for all overweight Americans to lose at least 10 pounds and for the country to become conscious of the devastating consequences associated with being overweight.

Distributors and customers around the world already know Formula 1 Protein Drink Mix is an effective way to lose weight, and now medical and scientific literature is providing unprecedented support for this kind of meal-replacement product. An article in the Archives of Internal Medicine reported that researchers from the University of Nevada Medical School studied meal replacements and concluded they were an effective way to achieve long-term weight control.

Formula 1 Protein Drink Mix comes first, whether you want to:

- Lose weight with the Thermojetics® Green Weight Management Program, or
- Take your health to the next level with Herbalife Cellular Nutrition®.

A unique blend of top-quality soy protein combined with carbohydrates, healthy fats, vitamins, minerals and herbs provides your body with the amino acids and nutrients it needs for optimum health and weight management. The formula is designed to replace two meals a day for weight management, supporting your body's nutritional needs and promoting effective weight loss. For those not attempting to lose weight, the formula can be taken as a nutritious shake in addition to regular meals to enhance your intake of essential nutrients or as a meal replacement.

Formula 1 Protein Drink Mix can be blended with non-fat milk, soy milk or fruit juice to make a delicious shake. You can also create your own shake recipes by adding fresh fruit and spices. For more protein, add Thermojetics® Performance Protein Powder to your shake. For directions, see Dutch Chocolate or Wild Berry labels.

### **Discussion Points**

- Safe and effective weight control: Formula 1 Protein Drink Mix has been scientifically formulated as a meal replacement product to provide the protein, carbohydrates and other essential nutrients your body needs for weight management, helping you maintain your energy, stamina and muscle mass as you lose weight.
- Combine with other products: Formula 1 Protein Drink Mix can be used in conjunction with the Thermojetics<sup>®</sup> Weight-Management products as well as Herbalife's entire line of nutritional supplements.

### Did You Know?

Formula 1 Protein Drink Mix has been a key Herbalife product from the very beginning. Herbalife's founder, Mark Hughes, first sold the revolutionary formula from the trunk of his car. Today, Formula 1 remains a favorite top-selling product around the world.

### **Fast Facts**

- Helps you feel full, satisfied and energetic.
- Each serving packs nine grams of health-promoting soy protein.
- Rich in dietary fiber.
- Loaded with vitamins and minerals, including the important antioxidants A, C and E.



#### French Vanilla

# **NUTRITION FACTS**

Serving Size: 2 tablespoons (25 g) Servings per container: 22

	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk
Calories		90	180
Calories from Fat		5	10
		% Daily Value**	
Total Fat	0.5 g*	1%	1%
Saturated Fat	0 g	0%	2%
Cholesterol	0 mg	0%	1%
Sodium	135 mg	6%	11%
Potassium	210 mg	6%	18%
Total Carbohydrate	13 g	4%	8%
Dietary Fiber	3 g	12%	12%
Sugars	9 g		
Protein	9 g	18%	34%
Vitamin A		25%	35%
Vitamin C		25%	30%
Calcium		8%	40%
Iron		10%	10%
Vitamin D		25%	50%
Vitamin E		25%	25%
Thiamin		25%	30%
Riboflavin		25%	45%
Niacin		25%	25%
Vitamin B6		25%	30%
Folate		25%	30%
Vitamin B12		25%	40%
Biotin		25%	25%
Pantothenic Acid		25%	35%
Phosphorus		15%	40%
Magnesium		10%	20%
Zinc		25%	30%
Selenium		15%	15%
Copper		25%	25%
Chromium		8%	8%
Molybdenum		15%	15%
	Calories	2,000	2,500
Total Fat	Less Than	65 g	2,500 80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol Sodium	Less Than Less Than	300 mg 2,400 mg	300 mg 2,400 mg
Potassium	2000 11411	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein Calories per gram:	Fat 9	50 g Carbohydrates 4	65 g Protein 4

\*Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4 g fat, 0.3 g saturated fat, 4 mg cholesterol, 126 mg sodium, 406 mg potassium, 12 g total carb

Ingredients: Isolated soy protein, fructose, corri fran fiber, powdered cellulose, natural and artificial flavors, guar gum, potassium chloride, calcium caseinate, casein, dicalcium phosphate, rice fiber, soy lecithin, carola oil, carrageenan, medium chain triglycerides, di-methionine, fructooligosaccharides\*, magnesium oxide, licorice extract, patented protease (finer) Antiniogen\*), circuits pedan, psyllium busk, honey powder, ginger tod, ascorbic acid, vitamin E acetate, locorice root, hardwine berry, gott oxide, copper glucorate, vitamin A palmitate, catorice root, bardwine part brenate, papalin bromelain, pyridoxine hydrochiorides gottavin, thamin mononitrate, choiceaciciferol (vitamin D), folic acid, biotin, chromium amino acid chelate, chromium aspartate, sodium molybdate, chromium inclinate, sodium mellom partice acid, produced promote the growth of positive flora.)

# **Ordering Details**

French Vanilla #0141

\$23.95

<sup>\*\*</sup>Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

**Dutch Chocolate** 

### **NUTRITION FACTS**

Serving Size: 2 tablespoons (25 g) Servings per container: 22

	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk
Calories		90	180
Calories from Fat		5	10
		% Dai	ly Value**
Total Fat	0.5 g*	1%	1%
Saturated Fat	0 g	0%	2%
Cholesterol	0 mg	0%	1%
Sodium	125 mg	5%	10%
Potassium	230 mg	7%	18%
Total Carbohydrate	13 g	4%	8%
Dietary Fiber	3 g	12%	12%
Sugars	9 g		
Protein	9 g	18%	34%
Vitamin A		25%	35%
Vitamin C		25%	30%
Calcium		8%	40%
Iron		10%	10%
Vitamin D		25%	50%
Vitamin E		25%	25%
Thiamin		25%	30%
Riboflavin		25%	45%
Niacin		25%	25%
Vitamin B6		25%	30%
Folate		25%	30%
Vitamin B12		25%	40%
Biotin		25%	25%
Pantothenic Acid		25%	35%
Phosphorus		15%	40%
Magnesium		10%	20%
7inc		25%	30%
Selenium		15%	15%
Copper		25%	25%
Chromium		8%	8%
Molybdenum		15%	15%
	Calories	2,000	2,500
Total FatLess Than	65 g	80 g	
Sat. Fat Cholesterol	Less Than Less Than	20 g 300 mg	25 g 300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber Protein		25 g 50 g	30 g 65 g
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4

<sup>\*</sup>Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4 g fat, 0.3 g saturated fat, 4 mg cholesterol, 126 mg sodium, 406 mg potassium, 12 g total carbo-hydrate (12 g sugars), and 8 g protein.

caloris needs.

Ingredients: Isolated soy protein, fructoss, dutch processed cocca, corn bran fiber, powdered cellulose, guar gum, calcium caseinate, casein, canola oil, rice fiber, dicalcium phosphate, potassium chloride, natural and artificial flavors, carrageeran, medium chain tripliygerides, di-methionine, fruculoligosaccharides", magnesium oxide, soy lectifin, patented protease (from Anmiogen\*), ottus pectin, psyllium husk, honey powder, ginger root, ascorbic acid, vitamin E acetate, licorice root, hawthorn berry, gotu kola, dandelion root, parsley, papaya, ferrous flumarate, inacinamide, zinc oxide, copper gluconate, vitamin A palmitate, calcium partothenate, papain, bromelar, pindioxine hydrochloride, riboflavin, thiamin mononitate, choleacalifer (infamin ID), ficlic acid, biotin, chromium minima caid chelate, chromium incolinate, sodium selenite and cyanocobalamin.

Directions: Simply blend or stir 2 tablesponors (25 grams) of Thermojetics\* Formula 1 with 8 fl. oz. of nortist milk, juico or your favorite beverage. For Optimum Nutritional Health: it is recommended to replace with the self-gram of the product of the product

Wild Berry

## **NUTRITION FACTS**

Serving Size: 2 tablespoons (25 g) Servings per container: 22

	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk	
Calories		90	180	
Calories from Fat		5	10	
		% Daily Value**		
Total Fat	0.5 g*	1%	1%	
Saturated Fat	0 g	0%	2%	
Cholesterol	0 mg	0%	1%	
Sodium	135 mg	6%	11%	
Potassium	210 mg	6%	18%	
Total Carbohydrate	13 g	4%	8%	
Dietary Fiber	3 g	12%	12%	
Sugars	9 g			
Protein	9 g	18%	34%	
Vitamin A	-	25%	35%	
Vitamin C		25%	30%	
Calcium		8%	40%	
Iron		10%	10%	
Vitamin D		25%	50%	
Vitamin E		25%	25%	
Thiamin		25%	30%	
Riboflavin		25%	45%	
Niacin		25%	25%	
Vitamin B6		25%	30%	
Folate		25%	30%	
Vitamin B12		25%	40%	
Biotin		25%	25%	
Pantothenic Acid		25%	35%	
Phosphorus		15%	40%	
Magnesium		10%	20%	
Zinc		25%	30%	
Selenium		15%	15%	
Copper		25%	25%	
Chromium		8%	8%	
Molybdenum		15%	15%	
	Calories	2,000	2,500	
Total Fat	Less Than	65 g	80 g	
Sat. Fat Cholesterol	Less Than Less Than	20 g 300 mg	25 g 300 mg	
Sodium	Less Than	2,400 mg	2,400 mg	
Potassium		3,500 mg	3,500 mg	
Total Carbohydrate Dietary Fiber		300 g 25 g	375 g 30 g	
Protein		25 g 50 g	65 g	
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4	

Powder with

depending on your calorie needs.

Ingredients: Solated soy profein, fructose, com bran fiber, powdered cellulose, natural and artificial flavors, guar gum, potassium chloride, calcium caseinate, casein, rice fiber, dicalcium phosphate, canola oil, soy lectihin, medium chain triglycerides, carragevann, di-methionine, fructooligosaccharides\*, magnesium oxide, patented protease (from Aminogeri\*), citrus pectin, psyllium husk, honey powder, gringer root, ascorbic acid, Red 40 Lake, vitamin E acetate, dandelion root, licorice root, hawthorn berry, gott kola, parsige, papaya, ferrous furmarate, Red 3, indicinamide, zinc oxide, copper gloucnate, vitamin ha palmitate, calcium partiothenate, papain, bromelain, pyridoxine hydrochiorider, froblavini, thiamin mononitrate, cholecalciferi (Martin III), folici acid, Biet 1, Yellow 6, biotin, chromium amino acid chelate, chromium aspartate, sodium molyddate, chromium inicotinate sodium selenite and cyanocobalamin. \*Fructooligosaccharides (FOS which are known as a probiotic and help promote the growth of positive flora.)

<sup>\*\*</sup>Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your

<sup>\*</sup>Fructooligosaccharides (FOS which are known as a probiotic and help promote the growth of positive flora.)

<sup>†</sup> Patented Aminogen® contains specially selected protein enzymes which act to improve assimilation of

The Aminogen "is a registered trademark of Body Mechanics.

Notice: It is advisable when using this product or any other weight control program to consult a physician sespecially for children, pregnant or lactating women, people with chronic kidney problems or insulindependent diabetics.

<sup>\*</sup>Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4 g fat, 0.3 g saturated fat, 4 mg cholesterol, 126 mg sodium, 406 mg potassium, 12 g total carbohydrate (12 g sugars), and 8 g protein.

<sup>\*</sup>Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Directions: Simply blend or stir 2 tablespoons (25 grams) of Thermojetics® Formula 1 with 8 ft. oz. of noriat milk, juice or your favorite beverage. For Optimum Nutritional Health: It is recommended to replace one meal daily with a delicious Thermojetics® Formula 1 shake. To Lose Weight: It is recommended to replace one meal per aday with a delicious Thermojetics® Formula 1 shake and eat one well balanced meal. (Follow the guidelines in the Herbailfe Thermojetics® Weight Management Program Guide, For Maximum Results: Use this product in conjunction with other Herbailfe products. Soy Protein Isolate: The primary ingredient in the new Thermojetics® Formula 1 is Soy Protein Isolate. This vegetable protein is naturally rich in isolational health. It is free of meat, gluten, wheat, west, milk lactalbumin and whey, It provides 3.3 grams of essential dietary amino acids which the body cannot produce on its own. In addition, it contains carbohydrates for quick energy, 19 vitamins and minerals, including the antioxidant vitamins A, C and E, herbs, and less than 1 gram of fat per seving, It is also a good source of dietary fiber and incorporates platented enzyme technology.

<sup>†</sup> Patented Aminogen® contains specially selected protein enzymes which act to improve assimilation of

<sup>†</sup> Aminogen® is a registered trademark of Body Mechanics.

Notice: It is advisable when using this product or any other weight control program to consult a physician especially for children, pregnant or lactating women, people with chronic kidney problems or insulin-dependent diabetics.

Tropical Fruit

### **NUTRITION FACTS**

Serving Size: 3 tablespoons (27 g) Servings per container: About 20

	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk
Calories		100	190
Calories from Fat		5	10
		% Daily Value**	
Total Fat	0.5 g*	1%	1%
Saturated Fat	0 g	0%	2%
Cholesterol	0 mg	0%	1%
Sodium	60 mg	3%	8%
Potassium	210 mg	6%	18%
Total Carbohydrate	15 g	5%	9%
Dietary Fiber	3 g	12%	12%
Sugars	11 g		
Protein	9 g	18%	34%
Vitamin A		25%	35%
Vitamin C		25%	30%
Calcium		15%	45%
ron		10%	10%
Vitamin D		25%	50%
Vitamin E		25%	25%
Thiamin		25%	30%
Riboflavin		25%	45%
Niacin		25%	25%
Vitamin B6		25%	30%
Folate		25%	30%
Vitamin B12		25%	40%
Biotin		25%	25%
Pantothenic Acid		25%	35%
Phosphorus		15%	40%
Magnesium		10%	20%
Zinc		25%	30%
Selenium		15%	15%
Copper		25%	25%
Chromium		8%	8%
Molybdenum		15%	15%
Total Fat	Calories	2,000	2,500
Total Fat Sat. Fat	Less Than Less Than	65 g 20 g	80 g 25 g
Cholesterol Sodium	Less Than Less Than	300 mg 2,400 mg	300 mg 2,400 mg
Potassium	Eugo IIIdii	3,500 mg	3,500 mg
Total Carbohydrate Dietary Fiber		300 g 25 g	375 g 30 g
Protein	5:10	50 g	65 g
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4

<sup>\*</sup>Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4 g fat, 0.3 g saturated fat, 4 mg cholesterol, 126 mg sodium, 406 mg potassium, 12 g total carbohydrate (12 g sugars), and 8 g protein

Ingredients: Fructose, calcium caseinate, nonfat dry milk, isolated soy protein, corn bran fiber, powdered cellulose, ingreuents: Procuse, calculor casenate, inclinal by limit, solate by proteit, con loan lost, powered centures, in natural and artificial flavors, guar guin, casein, sofurn casenate, froe floer, canola oil, say lederthin, carragement, potassium chloride, medium chain triglycerides, fructooligosaccharides\*, magnesium oxide, patented protease (from Ammiogen\*), clina pectin, psyllium likels, digner rora scarotic acid, vitamia facetale, floriors not, hawthorn berry, gotu kola, dandellon root, parsley, papaya, ferrous fumarate, yellow 5 and yellow 6, niacinamide, zinc oxide, copper glucorate, vitamin A palmitate, calcium parofiberate, pagain, bromelatin, pyridoxine hydrochloride, ribotlavin, thiamin monoritate, cholecaliderol (vitamia D), folic acid, biotin, fromium amino acid chelate, chromium aspartate, honey powder, sodium moh/bdate, chromium nicotinate, sodium selentie and cyanocobalamin.

Directions: Simply blend or stir 3 tablespoons (27 grams) of Thermojetics\* Formula 1 with 8 ft. oz. of nonfat milk, juice or your favorite beverage. For Optimum Nutritional Health: It is recommended to replace one meal daily with a delicious Thermojetics\* Formula 1 shake. To Lose Weight: It is recommended to replace two meals per day with a delicious Thermojetics\* Formula 1 shake and act one well balanced meal. (Follow the guidelines in the Herbalife Thermojetics\* Weight Management Program Guide), For Maximum Results: Use this product in conjunction with other Herbalife products. Soy Protein Isolate: A new addition to the Thermojetics\* Tropical Fruit Formula 1 is Soy Protein Isolate. This vegetable protein is naturally rich in isoflavones, genistein and daidzein. Isolated soy protein promotes healthy blood serum cholesterol. Exclusive Protein Rich Formulation: Our protein rich drink mix is healthy blood serum cholesterol. Exclusive Protein Rich Formulation: Our protein rich drink mix is specially formulated for optimum nutritional health. It is free of meat, gluten, wheat, yeast, milk lactalbumin and whey. It provides 3.6 grams of essential detary amino acids which the body cannot produce on its own. In addition, it contains carbohydrates for quick energy, 20 vitamins and minerals, including the animovidant vitamins A, C and E, herbs, and less than 1 gram of fat per serving, It is also a good source of dietary fiber and incorporates patented enzyme technology.

† Patented Aminogen® contains specially selected protein enzymes which act to improve assimilation of dietary proteins.

† Aminogen® is a registered trademark of Body Mechanics.

Notice: It is advisable when using this product or any other weight control program to consult a physician especially for children, pregnant or lactating women, people with chronic kidney problems or insulindependent diabetics

Cookies n' Cream

### **NUTRITION FACTS**

Serving Size: 2 tablespoons (25 g) Servings per container: 22

-	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk
Calories		90	180
Calories from Fat		10	20
		% Daily Value**	
Total Fat	1 g*	1%	1%
Saturated Fat	0 g	0%	2%
Cholesterol	less than 1 mg	0%	1%
Sodium	165 mg	6%	11%
Potassium	200 mg	6%	18%
Total Carbohydrate	11 g	4%	8%
Dietary Fiber	4 g	16%	16%
Sugars	5 g		
Protein	9 g	18%	34%
Vitamin A	-	25%	35%
Vitamin C		25%	30%
Calcium		25%	60%
Iron		25%	25%
Vitamin D		25%	50%
Vitamin E		25%	25%
Thiamin		25%	30%
Riboflavin		25%	45%
Niacin		25%	25%
Vitamin B6		25%	30%
Folate		25%	30%
Vitamin B12		25%	40%
Biotin		25%	25%
Pantothenic Acid		25%	35%
Phosphorus		25%	50%
Magnesium		25%	35%
Zinc		25%	30%
Selenium		25%	25%
Copper		25%	25%
Chromium		25%	25%
Molybdenum		25%	25%
	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat Cholesterol	Less Than Less Than	20 g 300 mg	25 g 300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium Total Carbohydrate		3,500 mg 300 g	3,500 mg 375 g
Dietary Fiber		25 g	30 g
Protein Calories per gram:	Fat 9	50 g Carbohydrates 4	65 g Protein 4

<sup>\*</sup>Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4~g fat, 0.3~g saturated fat, 4~mg cholesterol, 126~mg sodium, 406~mg potassium, 12~g total carbohydrate (12~g sugars), and 8~g protein.

Ingredients: Isolated soy protein, fructose, cookie crumbs (wheat flour, sugar, hydrogenated soybean Ingredients: Isolated soy protein, fructose, cookie crumbs (wheat flour, sugar, hydrogenated soyhean oil, cottonseed oil, processed cocca, salt and sodium bicarbonate) oat fiber, fulin, polyektvrose, guar gum, artificial flavors, potassium chloride, calcium caseinate, whey protein, cicalcium phosphate, soy lecithin, vegetable oil, aranthan gum, medium chain triglycerdise, carrageenan, magnesium oxide, silicon dioxide, sucralose (non-nutritive sweetener), bacterially-derived patented proteases (Aminogen\*†), citrus peutin, giirger root, ascorbic acid, di-alpha tocopheryl acetate, licorice root, dandelion root, hawthorne berry, gotu kola, biotin, parsiey, papaya, ferrous fumarater, inaicinamide, sodium selentie, zinc oxide, copper gluconate, vitamin A palmitate, d - calcium partotherate, papain, bromelain, pyridoxine hydrochorider, brolistwi, filamine mononitrate, vitamin D, oyanocobalamin, folic acid, chromium amino acid chelate, chromium aspartate, sodium molybdate and chromium ricotinate.

Directions: Simply blend or stir 2 tablespoons (25 grams) of Thermoietics® Formula 1 with 8 fl. oz. of Directions: Simply blend or stir 2 tablespoons (25 grams) of Thermojetics "Formula 1 with 8 fl. oz. of nonfat milk, jucio or your favorite beverage, For Optimum Nutrifional Health: It is recommended to replace one meal daily with a delicious Thermojetics" Condies n' Cream Formula 1 shake. To Lose Weight: It is recommended to replace two meals per day with a delicious Thermojetics" Formula 1 shake and eat one well balanced meal. (Follow the guidelines in the Herbalife Thermojetics" Weight Maragement Program daile). For Maximum Results: Use this product in conjunction with other Herbalife products. Soy Protein Isolate: The primary injection in the new Thermojetics" Cookles n' Cream Formula 1 is Soy Protein Isolate: The primary injection in the new Thermojetics" Cookles n' Cream Formula 1 is Soy Protein Isolate. This vegetable protein is naturally rich in isoflavones, genistein and diadzieni. Isolated soy protein promotes healthly blood serum cholesteri. Exclusive Protein Rich Formulation: Our protein rich drink mix is specially formulated for optimum nutritional health. It is free of meat and vessel It movides 3 d. organs of sesserial dietera vamina califs which the book cannot profuse. Tornidation can be presented as 3.4 grains of essential deletary amino acids which the body cannot produce on its own. In addition, it contains canobydrates for quick energy, 2°1 distains and minerals, including the antioxidant vitamins A, C and E, herbs, and 1 grain of fat per serving, it is also a good source of dietary fiber and incorporates patented enzyme technology.

† Patented Aminogen® contains specially selected protein enzymes which act to improve assimilation of

<sup>\*</sup>Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your

powder, sodium monotoate, culturinum incomerce, scorem is section and help promote the growth of positive flora.)

\*Fructooligosaccharides (FOS which are known as a probiotic and help promote the growth of positive flora.)

<sup>\*</sup>Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

<sup>†</sup> Aminogen® is a registered trademark of Body Mechanics.

Notice: It is advisable when using this product or any other weight control program to consult a physician especially for children, pregnant or lactating women, people with chronic kidney problems or insulin-

Kosher

### **NUTRITION FACTS**

Serving Size: 2 tablespoons (25 g) Servings per container: 22

	Amount Per Serving	Powder	Powder with 8 fl. oz. of nonfat milk	
Calories		90	180	
Calories from Fat		5	10	
		% Daily Value**		
Total Fat	0.5 g*	1%	1%	
Saturated Fat	0 g	0%	2%	
Cholesterol	0 mg	0%	1%	
Sodium	140 mg	6%	11%	
Potassium	210 mg	6%	18%	
Total Carbohydrate	13 g	4%	8%	
Dietary Fiber	3 g	12%	12%	
Sugars	9 g			
Protein	9 g	18%	34%	
Vitamin A	- 3	25%	35%	
Vitamin C		25%	30%	
Calcium		10%	40%	
Iron		10%	10%	
Vitamin D		25%	50%	
Vitamin F		25%	25%	
Thiamin		25%	30%	
Riboflavin		25%	45%	
Niacin		25%	25%	
Vitamin B6		25%	30%	
Folate		25%	30%	
Vitamin B12		25%	40%	
Biotin		25%	25%	
Pantothenic Acid		25%	35%	
Phosphorus		15%	40%	
Magnesium		10%	20%	
Zinc		25%	30%	
		25%	25%	
Copper		Z370	2370	
	Calories	2,000	2,500	
Total Fat Sat, Fat	Less Than Less Than	65 g 20 g	80 g 25 g	
Cholesterol	Less Than	300 mg	300 mg	
Sodium	Less Than	2,400 mg	2,400 mg	
Potassium		3,500 mg	3,500 mg	
Total Carbohydrate		300 g	375 g	
Dietary Fiber Protein		25 g 50 g	30 g 65 g	
Calories per gram:	Fat 9	Carbohydrates 4	Protein 4	

<sup>\*</sup>Amount in Powder. One cup Vitamin A & D fortified nonfat milk contributes an additional 90 calories, 5 calories from fat, 0.4 g fat, 0.3 g saturated fat, 4 mg cholesterol, 126 mg sodium, 406 mg potassium, 12 g total carbohydrale (12 g sugars), and 8 g protein.

\*Percent Dally Aluss are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Isolated soy protein, fructose, powdered cellulose, corn bran fiber, natural and artificial flavors, guar gum, mattodextrin, potassium chloride, dicalcium phosphate, canola oil, carrageenan, lecithin, rice fiber, di-methionien, magnesium oxide, citrus pectin, psyllium husk, honey powder, ascorbic acid, vitamin E acetate, vitamin A palmitate, dandelion root, parsley, papaya, ferrous fumarate, inacianamide, zinc oxide, copper gluconate, calcium pantothenate, papain, bromelain, pyridochloride, thiamin mononitrate, riboflavin, cholecalciferol (vitamin D), folic acid, biotin and caenochalamin.

Directions: Simply blend or stir 2 tablespoons (25 grams) of Thermojetics\* Strictly Kosher Formula 1 with 8 fl. oz. of nonfat milk, juice or your favorite beverage. For Optimum Nutritional Health: It is recommended to replace one meal daily with a delicious Thermojetics\* Strictly Kosher Formula 1 shake. To Lose Weight: It is recommended to replace who meals per day with a delicious Thermojetics\* Strictly Kosher Formula 1 shake and eat one well balanced meal. (Follow the guidelines in the Herbalife Thermojetics\* Weight Management Program Guide for Thermojetics\* Strictly Kosher Formula 1.) For Maximum Results: Use this product in conjunction with other Herbalife products. Soy Protein Isolate. This vegetable protein is naturally rich in Isolationse, genistein and daizein. Isolated soy protein promotes healthy blood serum cholesterol. Exclusive Protein Rich Formulation: Our protein rich drink mix is specially formulated for optimum nutritional health. It is free of meat, gluten, wheat, yeast, milk lactalbumin and whey, It provides 3.3 grams of essential dietary amino acids which the body cannot produce on its wow. In addition, it contains carbonydrates for quick energy, 18 vitamins and minerals, including the antioxidant vitamins A, C and E, herbs, and less than 1 gram of fat per serving. It is also good source of dietary filter. Notice: It is advisable when using this product or any other weight control program to consult a physician especially for children, pregnant or lactating women, people with chronic kidney problems or insulin-dependent diabetics.